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Living Information

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Caution against Food Poisoning!

From July to September, food poisoning tends to spread throughout Japan. Food

poisoning is often attributed to food from restaurants; however don't forget that there is just as much risk when preparing food at home. The risk of food poisoning can be lessened or avoided if you are careful of the following points:

【 6 methods for Food poisoning prevention at home 】

*Buy fresh meat, fish and vegetables.

When you buy processed foods, check the expiry dates.

*Try not to over-fill your refrigerator.

The inside temperature should be kept to less than 10°C in the refrigerator and -15°C in the freezer.

*Hands and cookware should be washed with detergent after contact with raw meat, fish or uncooked eggs.

*Cooking preparations should be carried out as quickly as possible and ensure food is cooked thoroughly. (Heated through to more than 75°C, for over a minute.)

*Eat food as soon as possible after it is cooked.

*Keep leftovers in the refrigerator/freezer and reheat well when you use it.

For further information,

<http://www.city.osaka.jp/kenkoufukushi/>

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Event Updates

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Eco-study Tour for Foreign Students

To better understand the current environmental issues, we will hold an eco-study tour for foreign students. Students will be able to visit leading eco-friendly companies in Kansai which develop eco-friendly energy, alternative energy, special technologies that help reduce pollution and efficient recycling systems. Please join us to enjoy learning about the current environmental issues/CO2 reduction control by one of leading companies in Japan.

Date & Time : Thursday, August 28th 10 : 00 - 17 : 00

Venue: Panasonic Center Osaka, Matsushita Eco-technology Center

(Departure from International House, Osaka by bus)

Admission: Free (Lunch is not provided. Please bring your own lunch.)

Spaces Available: 40 (in order of application)

Inquiries: Planning and Communications Division

Osaka International House Foundation

Tell: 06-6772-7327 Fax: 06-6773-8421

E-mail: johokikaku@ih-osaka.or.jp

For further information:

<http://www.ih-osaka.or.jp/i.house/010/ecotour.html>

International Picture Book Readings "AI-AI"

"AI-AI" International Picture Book Readings is for children and parents of all nationalities to enjoy. We provide an opportunity to make friends while experiencing different languages and cultures through picture books from all around the world. Not only can you enjoy book readings in various languages, but there are also sing-along and panel theaters.

No need to book, just turn up on the day! It's free, so come and join the fun with us!

★ We are looking for native English, Chinese and Korean speaking volunteers for picture book readings. For further information, please see contact details below.

===July "AI-AI" Schedule ===

Tuesday, July 8th 15:00 - 15:30 (Doors Open 14:00 - 16:00)

Reading Languages: Japanese, English, Chinese

Thursday, July 17th 15:00 - 15:30 (Doors Open 14:00 - 16:00)

Reading Languages: Japanese, English, Korean

Saturday, July 26th 14:00 - 14:30 (Doors Open 13:00 - 16 : 00)

Reading Languages: Japanese, English, Chinese

Inquiries: Planning and Communications Division
Osaka International House Foundation
Tel: 06-6773-8989 Fax: 06-6773-8421
E-mail: johokikaku@ih-osaka.or.jp

For further information:

<http://www.ih-osaka.or.jp/i.house/032/post-9.html>

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Japanese Lessons

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Fureai Salon

Enjoy learning Japanese with experienced volunteer teachers!

The initial class is free.

No booking needed. Visit us on the class day!

Classes: Classes are usually taught on a one-on-one basis.

(In some cases you may have a group lesson depending on the number of participants)

Date & Time: Every Saturday 14:00 - 15:30

Venue: International House, Osaka
(Map: <http://www.ih-osaka.or.jp/map/map.html>)

Tuition: ¥500 for registration - ¥1,500 for 12 lessons (valid for one year)

Application: Visit us at the Information Center on the day of the class (Saturday).

* Free trial lessons are available.

* We accept participants of any level.

Inquiries: Planning and Communications Division
Osaka International House Foundation
Tel: 06-6773-8989 Fax: 06-6773-8420
E-mail: info-staff@ih-osaka.or.jp
(Japanese, English, Chinese, Korean, Spanish and Portuguese)

Tanoshii Nihongo - Applications Open for Third Term

This Japanese course is based on textbooks to practice everyday Japanese conversation necessary for living in Japan. A placement interview is needed to enroll at the class. Join us to enjoy studying Japanese!

Classes offered:

<Elementary Class 3 & 4> (Tuesday)

<Elementary Class 1 & 2> (Wednesday)

12 classes in total, once a week

Date: [Tuesday Class]

From Sep. 2nd to Nov.25th (every Tuesday)

[Wednesday Class]

From Sep.3rd to Nov.19th (every Wednesday)

Time: Each class runs from 19:00 to 20:30

Enrollment limit: Ten students for each class (in order of application)

Placement Interview: Tuesday, Aug.19th or Wednesday, Aug.20th
19:00 - 20:30 (10 minutes per person)

*Appointment necessary.

Tuition: 5,000 yen (includes 12 classes and textbook)

Venue: International House, Osaka

(map: <http://www.ih-osaka.or.jp/map/localmap.html>)

Inquiries: Planning and Communications Dept.

Osaka International House Foundation

(Japanese, English, Chinese, Korean, Spanish and Portuguese)

TEL:06-6773-8989 FAX:06-6773-8421

E-mail:johokikaku@ih-osaka.or.jp

For further information:

<http://www.ih-osaka.or.jp/i.house/031/post-7.html>

i-house Culture Salon - Native Volunteers Required

We are looking for foreign residents who are able to introduce their culture to Japanese people at the next i-house culture salon. Please feel free to inquire.

Inquiries: Planning and Communications Division

Osaka International House Foundation

Tel: 06-6773-8989 Fax:06-6773-8421

E-mail:johokikaku@ih-osaka.or.jp

(Japanese, English, Chinese, Korean, Spanish, Portuguese)

Volunteer Indonesian Interpreters Required

We are looking for volunteer Indonesian interpreters who are able to interpret between our staff and people seeking advice.

Conditions for Volunteering:

* You are able to work at home.

- * Indonesian interpretation applicants must be able to work Wednesdays.
- * Registration fee to volunteer is 300 yen per year.

Inquiries: Planning and Communications Division
Osaka International House Foundation
Tel: 06-6773-8989 Fax: 06-6773-8420
E-mail: info-staff@ih-osaka.or.jp
(Japanese, English, Chinese, Korean, Spanish, Portuguese)

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Living Information Services Available in 7 Languages

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Information Plaza Osaka

Information Plaza Osaka offers free consultation and counseling services by professionals over Telephone or in person, for issues relating to life in Osaka.

<http://www.ih-osaka.or.jp/i.house/english/030/post-4.html>

Counseling for Foreign Residents

Counseling services for foreign residents including legal advice are available in 7 languages (English, Chinese, Korean, Spanish, Portuguese, Indonesian and Thai).

<http://www.ih-osaka.or.jp/i.house/english/030/post-4.html>

Living Information

Have you seen the website with useful living information for foreigners in Osaka? There

is information about various topics such as medical agencies with foreign language services, living procedures (i.e. registration for foreign residents), habitation, as well as others. (Japanese, English, Chinese, Korean, Spanish, Portuguese)

Access at: <http://www.ih-osaka.or.jp/enjoy/en/index.html>

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Access to International House, Osaka

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<http://www.ih-osaka.or.jp/i.house/900/map.html>

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i-koko

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This website is hosted by International House, Osaka, to provide information on international exchange events held by other organizations and volunteer activities. (Japanese only)

<http://www.i-koko.com/>

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Should you wish to change your registration details or stop receiving this Ezine, please enter the email address you used to register in the Member Registration.

To update: http://www.ih-osaka.info/asp/user_mail_top.asp?Lang_flg=0

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